

# April

2021

## National Youth Month

### Random Acts of Kindness

April is National Youth Month! 🧒🧒 During the month of April, we will be on the lookout for “Random Acts of Kindness” Facebook posts. ❤️ Below is an age-appropriate (12-17) calendar that suggests different “Random Acts of Kindness” tasks that you can complete.

**These are only suggestions and we encourage you to make up some of your own.** Each time you complete one act of kindness, take a photo 📷 to show us your act of kindness for that day, **tag us on Facebook**, and we will add your name into a drawing for a chance to win \$100. 🏆💰👏



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Call your grandparents.	2 Ask a neighbor if they need help with anything	3 Volunteer in your community
4 Help clean up after dinner	5 Rake the lawn once the snow has melted.	6 Make up a kindness act of your own!	7 Tell your parents that you love them.	8 Buy someone a coffee	9 Help someone in need	10 Make up a kindness act of your own!
11 Donate lightly used items to a charity	12 Help someone with their groceries	13 Make dinner for your family.	14 Make up a kindness act of your own!	15 Clean someone's car.	16 Give someone a compliment	17 Hold the door for 3 people today.
18 Smile at everyone you see today.	19 Pay for another student's lunch	20 Ask a new person at school to sit with you at lunch.	21 Thank all your teachers today.	22 Offer a friend a snack at school.	23 Make up a kindness act of your own!	24 Clean out the garage for your parents.
25 Hug your siblings/parents	26 Make up a kindness act of your own!	27 Offer a ride to a friend.	28 Tell your best friend how much they mean to you.	29 Pick up trash wherever you see it today.	30 Plant some flowers for an elderly neighbor.	

For every “Random Act of Kindness” photo you post (limit one per day) **and tag us in**, you will receive one entry. If you do 5 “Random Acts of Kindness”, you will get 5 entries. The more acts of kindness you do, the more chances you will get to win the \$100 cash prize. *(Just think you could get 30 entries if you do one “Random Act of Kindness” each day in April).* **Please remember, it is important to TAG us on Facebook when posting your “Random Act of Kindness” photo, so we can add your name into the drawing.**