

The [STAR technique](#) is a useful strategy for responding to [interview questions](#) that require an anecdote. It's an excellent way to organize your thoughts. There are four steps to answering using this technique: .

- (S) Situation. Describe the situation in which the event took place.
- (T) Task. Describe the task you were asked to complete. If there was a particular problem or issue you were trying to solve, describe that here.
- (A) Action. Explain what action you took to complete the task or solve the problem.
- (R) Results. Explain the result of your actions. For example, if your actions resulted in completing a task, resolving a conflict, improving your company's sales record, etc., explain this. Try to focus on how your actions resulted in a success for the company.



1. Can you tell a little about yourself?
2. What are your strengths?
3. What are your weaknesses?
4. How will you apply your current skills to this job?
5. What would you do if you had to complete a task you were unfamiliar with?
6. How well do you work within a group setting? Give me a few examples of times when you had to use teamwork to accomplish a goal.
7. What kind of extra-curricular activities do you participate in.

Interview Questions

Discuss the STAR technique as way to organize your thoughts when answering interview questions.